



Massages at Waldgut

CLASSIC BACK MASSAGE

Targeted massage to relieve tension in the back and neck area. Ideal for a short break and a renewed feeling of lightness and relaxation.

20 Min. | 35,- €

FULL BODY MASSAGE

An intensive treatment for the entire body with additional relaxation for the head and face. Tailored to the individual needs of women or men.

75 Min. | 72,- €

HOT STONE MASSAGE

Warm basalt stones and gentle massage techniques help release tension, stimulate circulation and create a deep sense of calm and warmth.

50 Min. | 60,- €

AYURVEDA HERBAL STAMP MASSAGE

A special treatment using warm herbal stamps and nourishing oils. This massage has a harmonising, relaxing and revitalising effect at the same time.

50 Min. | 89,- €

SPORTS MASSAGE

A stronger classical massage designed to loosen stressed muscles and support regeneration after physical activity or long hikes.

50 Min. | 65,- €

WELLNESS MASSAGE

A gentle back-body massage using smooth, flowing movements to promote deep relaxation and leave you with a profound sense of well-being.

50 Min. | 65,- €

RELAX & AROMA MASSAGE

Gentle full body massage with selected essential oils for deep relaxation and a soothing wellness experience.

50 Min. | 65,- €

75 Min. | 72,- €

FOOT REFLEXOLOGY MASSAGE

A comforting pressure point massage that stimulates the reflex zones and promotes overall well-being.

20 Min. | 32,- €



APPOINTMENT BOOKING

Massages are available from Tuesday to Saturday between 11:00 am and 5:00 pm. Appointments can be requested via email at info@waldgut-naturresort.de or by phone at +49 (0) 35023 2330 0 through our reception team.